

Benefit	What researchers/experts say	Source
Improved quality of life.	Long term care homes with “self-contained household” design and expanded care staff roles positively impact resident quality of life.	Keefe, Janice, Donna Dill, Rachel Ogilvie, Pamela Fancey. “Examining a “Household” Model of Residential Long-term Care in Nova Scotia”. Health Reform Observer April 2017.)
Reduced boredom, helplessness and loneliness.	Residents who move from a large scale facility to a small scale environment can improve an aspect of quality of life by showing a reduction in anxiety.	Jeroen S. Kok , Marjan M. A. Nielen and Erik J. A. Scherder. “Quality of life in small-scaled homelike nursing homes: an 8-month controlled trial”. Health and Quality of Life Outcomes (2018) 16:38.)
Reduced agitation and neuropsychiatric symptoms.	The potential benefits from innovative models include agitation, depression and neuropsychiatric symptoms, quality of life, boredom and helplessness, hospital use, and staff engagement with residents.	Petriwskyj, Andrea; Deborah Parker, Christine Brown Wilson, and Alexandra Gibson. “What Health and Aged Care Culture Change Models Mean for Residents and Their Families: A Systematic Review. The Gerontological Society of America. September, 2015.)
Reduced hospital visits.	Elements of the Green House model create significant opportunities to identify, communicate, and respond to early changes in resident condition.	Bowers, Barbara; Tonya Roberts, Kimberly Nolet, and Brenda Ryther. “Inside the Green House “Black Box”: Opportunities for High-Quality Clinical Decision Making”. Health Research and Educational Trust 2016.)
Reduced staff sick time.	The Butterfly Model has found that there has been a 23% increase in staff engagement (decreased absenteeism -incidental sick time and turnover	Jill Knowlton, Chief Operating Officer, Primacare
Reduced food waste.	Mealtime is also different in butterfly care. Residents sit at communal tables with platters of food in the middle, reminiscent of a large family dinner.	Meaningful Care Matters. https://www.dementiacarematters.com
Staff feel valued and part of a community with the residents and families.	Green House staff are more satisfied with their jobs and are more likely to stay longer at those jobs.	Dr. William Thomas, Green House project founder. https://www.thegreenhouseproject.org/about
All benefits result in cost savings	One cost saving is the incurring costs from potentially inappropriate medications which are 52% lower for those residing in a home-like model of care compared to a standard model of care.	S. L. Harrison , L. Kouladjian O'Donnell, R. Milte4, S. M. Dyer, E. S. Gnanamanickam, C. Bradley, E. Liu1, S. N. Hilmer and M. Crotty “Costs of potentially inappropriate medication use in residential aged care facilities” BMC Geriatrics (2018) 18:9)

There will always be people who want or need long-term care. In those cases smaller is often better. Research shows that smaller home-like units use fewer restraints, see fewer infections and have more satisfied residents than larger ones.” David Grabowski, Harvard Medical School. *The Economist. The pandemic has shown the urgency of reforming care for the elderly.* July 25, 2020